

# SOBO BULLETIN

YOUR MONTHLY DASHBOARD ABOUT OUR COMMUNITY

ISSUE THREE - SEPT 2022

IN GIVING, WE RECEIVE



## What October brings for SOBO ?

Saturday, 1<sup>st</sup> : **Speaker meet** with our distinguished guest Mr. K V Kamath, Chairman, National Bank for Financing Infrastructure and Development

Thursday – 6<sup>th</sup> **Diwali Carnival** with ramp walk in Indian festive attire, a cultural showcase along with food, drinks, music and dance Also a display of NGO goodies was there for the members to buy.

Sunday 9<sup>th</sup> : Free Breast & Cervical **Cancer Screening Camp** at Medwin Multispecialty Clinic, Cuff Parade

Sunday 16<sup>th</sup> : **CPR** training camp at the clubhouse Planet Godrej



Oct 2nd : Els Reynaers  
Oct 3rd : Geetanjali Khadria  
Oct 6th : Foram Nagori  
Oct 8th : Rakesh Jhaveri  
Oct 18th : Shwetank Gupta  
Oct 22nd : Shweta Kedia  
Oct 29th : Misha Mirchandani  
Oct 31st : Monica Grover

2<sup>nd</sup>

Our President Elect Saurav Purkayastha along with our members Bhawna Goel and Neha Singh Deo visited the SRCC hospital to meet the beneficiaries of our pediatrics heart surgery programme. The five children visited were the latest to have undergone the surgery with ages ranging between 4 months to 4 years. Please do read the experience of our volunteers quoted in the 'Volunteer Speak' section of this issue.

08<sup>th</sup>

Musical soirée with Sandeep Damania, was a lyrical, fun-filled event, with members singing along and dancing to soulful old Bollywood songs. Sandeep entertained all our encore requests late into the evening!

10<sup>th</sup>

Our Member Ivy Roy visited the SRCC hospital to meet one of the children being discharged, after successfully having undergone a heart surgery funded by our club through our Global Grant. Ivy shares her experience in the 'Volunteer Speak' Section.

12<sup>th</sup>

Free eye and cataract detection camp was conducted at Ambedkar Nagar, Cuff Parade. This initiative was coordinated alongside Dr. Manish Motwani from the Rotary Club of Mulund Hill View. Thanking Misha Mirchandani for volunteering alongside the Youth Leaders of the OSCAR Foundation.

[Click here to see the images of the eye check -up camp](#)

13<sup>th</sup>

Rtn. Monica Grover and her young family member donated two desktop computers to the Khel Khel Mein program to support the learning and training activities conducted. The Joint Rotary Activity / KKM Centre at Kherwadi (E) has at its core the KKM project, an after-school program for children (aged 6-12 years), Monday to Friday (2pm-4pm). This Centre is available for the supporting Rotary clubs during the weekends or before / after 2pm-4pm throughout the week, for various projects such as vocational or skilling, adult literacy, self-defense programs for women, health check-up camps, etc.

[Click here to see the pictures at the KKM centre](#)

14<sup>th</sup>

SOBO's Club Secretary, Niharika Malik, visited the SRCC Hospital and interacted with the patients and their families, representing the club at the time of the discharge of four children who availed of the heart surgery and treatment under our Global Grant for Paediatric Heart Surgeries. *Our Global Grant, a gift that keeps on giving* – encouraging more and more members to engage and feel the joy !

15<sup>th</sup>

Our club meeting featured "Open Minds – LGBT – Breaking the Bias" a thought-provoking and interactive session with our guest speaker Zainab Patel of the Rotary Club Inspire, moderated by our member Foram Nagori. Zainab has undertaken outstanding work towards the betterment of her community of transgenders. The narrative about her life struggles and her accomplishments was truly inspiring.

[Click here to see snippets of the club meet with Rtn Zainab Patel](#)



## VOLUNTEERS SPEAK

*Bhawna Goel: "A very heart warming and amazing experience. Thank you , Rotary SOBO for making us part of such a beautiful cause "*

*Neha Singh Deo "Was a wonderful& satisfying experience. The kids are doing well and the parents seemed happy too !"*

*Ivy Roy "They were so grateful to RoSoBo . Came from Aurangabad. Every opportunity like this humbles me more n more and reminds me why I joined Rotary."*

*" My heart was exploding with love and gratitude. We can all add a small amount of time , effort and resources and it brings such a huge difference in another heart . Thanks ROSOBO"*

*Sanket Jain: Had a great time with the kids at Vatsalya Foundation. And, kudos to Pankaj for joining in last minute!*

*Geetanjali Khadria: "Zohra and I spent our morning with the young and aspiring girls and women from URJA, the organization we support.*

*It was an absolutely satisfying, almost overwhelming experience to hear theirs and share our journeys with them.*

16<sup>th</sup>

The Rotary Club of Mumbai SOBO, in collaboration with the Mangrove Foundation and social media specialist, Hasrat Ali, conducted a social media workshop (Marathi) for local beneficiaries at Marambalpada, Virar. The initiative aims to support marketing initiatives for ecotourism and ultimately, to create sustainable livelihoods for the local villagers. The Mangrove Foundation has invested in the village, providing training on mangroves, biodiversity, preservation efforts and the purchase of a boat for tourists (coupled with local investment). Thanking our members Heather Kaikini and her husband Shyam, Neha Singh Deo, Dr. Shoaib and Rotary friend Monique Van Goubergen for their participation in this initiative.

17<sup>th</sup>

On World Coastal Cleanup Day, the Rotary Club of Mumbai SOBO along with friends, family, the NGO Change Is Us and the Indian Coast Guard, came together to clean up Chowpatty beach, Mumbai. Thanking, Rtn Bhawna Goel for coordinating the effort and the many volunteers who showed up in large numbers, namely Pankaj Goel, Swhetank and Girija Gupta, Anish and Bhavyata Lakhota along with their daughter Tvarita, Pushpraj and son Sam, Sunayana Vora, Pallavi Pendse and Misha Mirchandani.

[Click here to the pictures of the beach cleanup drive on World Coastal Cleanup day](#)

17<sup>th</sup>

For an Interaction and mentorship program with the boys at the 'Vatsalya Foundation' our members Sanket Jain and Pankaj Goel volunteered to spend some quality time with the kids and share valuable life experiences.

Check out our 'Volunteer Speak' section where we have featured the volunteers experience shared in their own words.

18<sup>th</sup>

A comprehensive health camp was conducted for the ragpicker community at Andheri (E), organised by the Indian Pollution Control Association (IPCA), sponsored by the Rotary Club of Mumbai SOBO, coordinated with help of Dr Abdul Muttalib who runs a local charitable dispensary. Further, the effort was complemented by the Rotary Club for Addiction Prevention with five very efficient Young Leaders from the Oscar Foundation & our dynamic Director Community Service - Medical, Dr Rahul Salunkhe, Dr. Nilam and our President Els Reynaers. A total of 395 people benefitted from this camp.

[Click here to the pictures of the Health camp](#)

19<sup>th</sup>

Our members Geetanjali Khadria and Zohra Chitalwala visited URJA (a shelter home and skilling centre for destitute and runaway young girls). Please do read in the 'Volunteer Speak' section, their experience interacting with the women in their own words.

[Click here to see the picture of the session in progress ,](#)

19<sup>th</sup>

Together with our Assistant Governor, Dilip Shah, Els attended the Valedictory function of the National Association for the Blind (NAB) to congratulate the graduates who successfully completed a basic rehabilitation and vocational course. During this occasion, our members Heather Kaikini, Sheetal Idnani and Premal Sanghvi also had the opportunity to interact with the NAB Managers and teachers to better understand the needs and identify future areas of collaboration between NAB and the Rotary Club of Mumbai SOBO.

21<sup>st</sup>

The International Service meeting team has received feedback from 15 members who are '100 percent' interested in being SoBo ambassadors across different types of exchange programs.

The RFE (Rotary Friendship Exchange) training model was reviewed and a training session schedule will be fixed once the destination and final teams are determined.

*Only when you see and interact first hand does one have the entire holistic understanding of what these women have been through, need and wish for.*

*URJA and the people working with them are nothing short of angelic and I'm so glad that we are part of their support system.*

*We distributed diaries, pens and chocolates along with heaps of love. ❤️*

*Called Auntie Gargi from Heartfulness to conduct a short relaxation and meditation for them. It can be done regularly for them in the future.*



PoPa Travel diaries (Post Pandemic SoBo flag exchange travelers) featured Sobo's own Geetanjali Khadria's visit to the Rotary Club Male, Maldives. The clubs discussed possible collaboration in working together towards improving the environment, children's wellbeing and sustainable energy.

[Click here to see the Flag exchange pictures](#)

21<sup>st</sup>

Our monthly visit to the Door Step School (DSS) at Crawford in the morning, and Wadibunder in the afternoon, featured a lovely story-telling session curated by our member Sunayana Vora with her little dog and supported by Pallavi Pendse. The children at both the centres were enthralled with the interesting stories narrated from the book authored by Sudha Murthy. In addition, our members Misha Mirchandani distributed a 'goodies bag' to the children and Dipali Tanna shared books with the children. The children were truly overjoyed, the big smiles and happiness on the faces were extremely heartwarming to witness.

[Click here to witness the joy of the DSS children](#)

22<sup>nd</sup>

Rajiv Punater (SOBO President 21-22) and Els Reynaers (SOBO President 22-23) together visited our 20<sup>th</sup> beneficiary of the SRCC Hospital Gopal Grant for Paediatric Heart Surgeries. Further, Rajiv Punater was duly acknowledged as a dynamic Dream President for all medical projects, particularly our Global Grant for paediatric heart surgeries, in the presence of Harsh Vardhan, former Minister of Health & Family Welfare and IPDG Rajendra Agarwal.

[Click here to see the felicitation pictures](#)

24<sup>th</sup>

One day get away - Alibaug. Our members and their families had a blast at Ccaza Ccomodore, with great food, a swimming pool, drinks, plenty of singing entertainment by our own members, games, archery and masti. What more does one want? Ah, one more such escapade!

[Click here to see the group picture at Ccaza Ccomodore](#)

28<sup>th</sup>

'Healthy Self', an interactive seminar and health fair for women was organized by the Inner Wheel District 314 and Rotary District 3141. The fair featured a workshop and talk by Physiotherapist Dr. Snigdha Mehta and Gut Health Nutritionist Payal Kothari. There were 300 attendees and eight stalls, ranging from diagnostic centres to Ayurveda and homeopathy therapy with the objective to promote healthy lifestyle among women. Rtn Monica Grover was named the Master of Ceremonies and our members Zohra Chitalwala and Nishreen Shums volunteered and manned the rotary registrations for the event.